

Saturday, 3 November 2018

Pre entries close 21 October 2018



Organised by
Nelspruit Marathon Club
+27 60 852 0340
+27 13 741 5515



KAAPSEHOOP Marathon 2018

Free Dri-Tshirt for first 5000 entries (10km not applicable)



Apply for a Free Fidelity ADT Alarm today

FREE UNIWIISP KAAPSEHOOP 3-in-1 MARATHON ENTRY

4. UniWisp Special Offer: sign an ADT contract & get a free race entry

- The main sponsor, UniWisp, will cover the full race entry fee for any individual who signs an ADT alarm system rental contract.
- More information is provided above and below on this page.

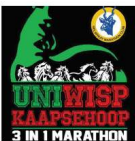
FREE RACE ENTRY IF YOU SIGN AN ADT CONTRACT WITH UNIWIISP

Contact Detail

Office Tel: (013 590 0521)

Elize Roestoff : 071 561-6816 elize.roestoff@uniwisp.co.za

Participating UNIWIISP/Fidelity ADT Areas
Gauteng, Mpumalanga, Limpopo, KZN



#runclean Pledge:

This race has pledged itself to Modern Athlete's #runclean campaign. Please dispose of sachets or other refuse only in designated refuse bins.

Tog bag facilities available.
Bags can be handed in at start and collected at finish.
This facility is available to be used at own risk.

aramex



1. Starting times

- The 42km and 21km races start on the Kaapsche Hoop road and finish at Mbombela Stadium. The 10km race starts at Mbombela Stadium.
- The 42km starts at 05:30 (25°35'57.5"S 30°45'45.9"E)
- The 21km starts at 05:30 (25°32'2.3"S 30°50'43.7"E)
- The 10km starts at 06:00 (At the Stadium)

www.kaapsehoopmarathon.com

enter@kaapsehoopmarathon.com

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2. Changes compared to the 2017 event: late entries and substitutions

- Pre-entries for all race distances close on 21 October 2018. A limited number of entries for the 42km and 21km races will be available on Friday 2 November on a first come, first served basis. On race day, only 10km entries will be available. **Nobody will be able to enter for the 21km or 42km races on race day / Saturday.**
- Upgrades, downgrades or substitutions can be done from 1 Sept. to 30 Sept. Thereafter, none. **No upgrades, downgrades or substitutions can be done at the Stadium on or before race day.** An admin fee of R50 will apply to any upgrade, downgrade or substitution.

3. Camping available:

- Camping facilities will be available at the stadium at the southwestern corner of the stadium grounds. Refer to the map below for the location, as well as the information flyer below. Contact info@marathonclubnelspruit for more details, or visit our website. Running water, secure parking, toilets and security personnel will be available.



5. Carbo loading?

- Stefano's, a famous (and authentic Italian) pasta franchise in Nelspruit will prepare a limited number of pasta meals on Friday night. Refer to the flyer to the right for more information about a professionally prepared meal, with professional presentation.

kindly use the bus, no parking at start of 42.2km & 21.1km
Shuttle services available:
Sundowners Tours
073 154 6069



7. Collection of race numbers:

- Pre-entry race numbers can be collected at Mbombela Stadium on Friday between 12:00 and 22:00, and on race day from 03:00.
- Race numbers can not be collected at the race starting points**

8. Buses

- Buses to the 42km starting point leave from 03:00
- Buses to the 21km start leave from 04:00.
- Buses will leave from the western side of the stadium. Refer to the map above.
- Unlike last year, buses take different routes to the 42km and 21km starting points. Make sure you're on the right bus.**



Camp Site

2 Nov 2018 @ Mbombela Stadium

Limited Camp Sites

R100pp

Tickets available
Jackie 013 741 5515
www.kaapsehoopmarathon.com

Stefano's Italian Restaurant

VEGGY CHICKEN MINCE

Linguine Napolitana Linguine Chicken Linguine Bolognese

Pasta & Bar

Limited seats available

2 November 2018
15:00 - 22:00

R120 pp

Tickets available
Jackie 013 741 5515
www.kaapsehoopmarathon.com